

ANNEX G – CADET KIT LIST

The following items are required for participation in the Field Training Exercise (FTX). A gear check will be performed before departure to the FTX site. Failure to possess ANY of the following items may exclude you from participation in event. This list is a MINIMUM. All participants are responsible for their own gear; any lost or stolen items are the sole responsibility of the participant.

MANDATORY

- OHIP/Health card – original only
- 1 duffle bag to carry all the below items
- Any prescribed medication, medical history summary with allergies (if applicable)
- 1 pair of boots with ankle support
- 3 pairs of socks
- 3 sets of underwear
- 1 water resistant jacket/wind breaker
- 1 brimmed hat (i.e. Baseball cap)
- Hygiene kit (soap, toothbrush, toothpaste, deodorant, sunscreen, bug spray, etc.)
- 1 washcloth
- 1 large garbage bag (for any wet items)
- 1 refillable water bottle/canteen
- 1 set of sleepwear
- 1 sleeping bag
- 1 pillow
- 1 light sweater/hoodie
- 2 pair light pants/track pants

- 2 long sleeve shirts
- 2 short sleeve shirts
- 1 pair of shorts
- 1 notepad and pen in a re-sealable bag (to keep dry)
- 1 pair of running/sports shoes

OPTIONAL

- Cadet FTUs*
- Board games, cards, etc.

FORBIDDEN

- Electronic devices – iPod / mp3 players
- CADPAT
- Prohibited knives
- Matches, lighters, or other fire starters, pyrotechnics, firearms
- Alcohol, drugs, and Cigarettes
- Pornography
- Bear, dog, or pepper spray

* Senior Cadets (Sergeant and above) are authorized to wear the Canadian olive green Cadet Field Training Uniform (FTU). Headdress (wedge or AF blue beret with Air Cadet cap badge, cadet tilly hat, or cadet toque) and cadet rank slip-ons shall be worn with the cadet field training uniform. Cadet FTUs can be obtained by cadets at their own expense.