

Bella's Story

Kendra calls Mary and Liz over to her locker. She tells them that Bella was making out with Brendan at a party on the weekend. She calls Bella a slut and says she is going to let everyone in the school know about it.

Bella approaches the group to say hi, and the girls grab their books and walk away. Then at lunch, Bella overhears a group of students talking about her and Brendan. She tries to tell them it isn't true, but everyone just laughs at her.

You hear the rumours being spread around the school about Bella. Later that day, you find her standing outside, crying.

Using the *Look, Listen, Link, Live*® model, answer the following questions:

- STEP 1: LOOK. What are the signs that tell you Bella needs help?
- STEP 2: LISTEN. How would you approach Bella to talk to her? What would you say?
- STEP 3: LINK. Where would you link Bella for help and support?
- STEP 4: LIVE. How would you take care of yourself, and what suggestions would you have for Bella?