

# Pat's Story

Pat and Dale have been friends for a long time. Lately, there has been a feeling of attraction between them. One day when they are hanging out, Pat asks Dale if they can kiss. Dale says yes, and they kiss.

Pat is hanging out at your house and tells you that the relationship with Dale is going well. Pat says they are feeling a little scared about moving forward with Dale due to something that happened to them in their past. Pat discloses that they were sexually assaulted by another student at a party last year, and they have never told anyone. Pat starts crying. You feel angry that your friend was sexually assaulted.

Using the *Look, Listen, Link, Live*® model, answer the following questions:

- STEP 1: LOOK. What are the signs that tell you Pat needs help?
- STEP 2: LISTEN. How would you approach Pat to talk to them? What would you say?
- STEP 3: LINK. Where would you link Pat for help and support?
- STEP 4: LIVE. How would you take care of yourself, and what suggestions would you have for Pat?