**CADET KIT LIST**

The following items are required for participation in the Field Training Exercise (FTX). A gear check will be performed before departure to the FTX site. Failure to possess ANY of the essential items may exclude you from participation in event. This list is a MINIMUM. All participants are responsible for their own gear; any lost or stolen items are the sole responsibility of the participant.

**MANDATORY**

* **OHIP/Health card – original only**
* 1 bag to carry all the below items
* Any prescribed medication, medical history summary with allergies (if applicable)
* 1 pair of running/sports shoes (2 if possible)
* 1 pair of ankle boots (weather dependent)
* 3 pairs of socks
* 3 sets of underwear
* 1 brimmed hat (ie. Baseball cap)
* 1 set of sleepwear
* 1 sleeping bag (optional)
* 1 pillow
* 1 winter jacket
* 1 pair snow pants
* 2 sweater/hoodie
* 2 pair pants/track pants **(NO JEANS)**
* 2 long sleeve shirts
* 2 short sleeve shirts
* 1 notepad and pen in a re-sealable bag (to keep dry)
* 1 toque
* 1+ pair of gloves
* Hygiene kit (soap, toothbrush, toothpaste, deodorant, sunscreen, bug spray, etc.)
* 1 washcloth
* 1 large garbage bag (for any wet items)
* **1 refillable water bottle/canteen**

**OPTIONAL**

* Cadet FTUs\*
* Board games, cards, etc.
* Electronic devices – Cell phones, Music players, cameras. *(To be brought at owner’s expense)*

**FORBIDDEN**

* CADPAT
* Prohibited knives (Only Sgt and up may carry knives approved by the officers)
* Matches, lighters, or other fire starters, pyrotechnics
* Illicit substances
* Bear, dog, or pepper spray
* Any other item deemed unsafe by an Officer

\* Senior Cadets (Sergeant and above) are authorized to wear the Canadian olive green Cadet Field Training Uniform (FTU). Headdress (wedge or AF blue beret with Air Cadet cap badge, cadet tilly hat, or cadet toque) and cadet rank slip-ons shall be worn with the cadet field training uniform. Cadet FTUs can be obtained by cadets at their own expense.