

KNOT-TYING INSTRUCTIONS

REEF KNOT

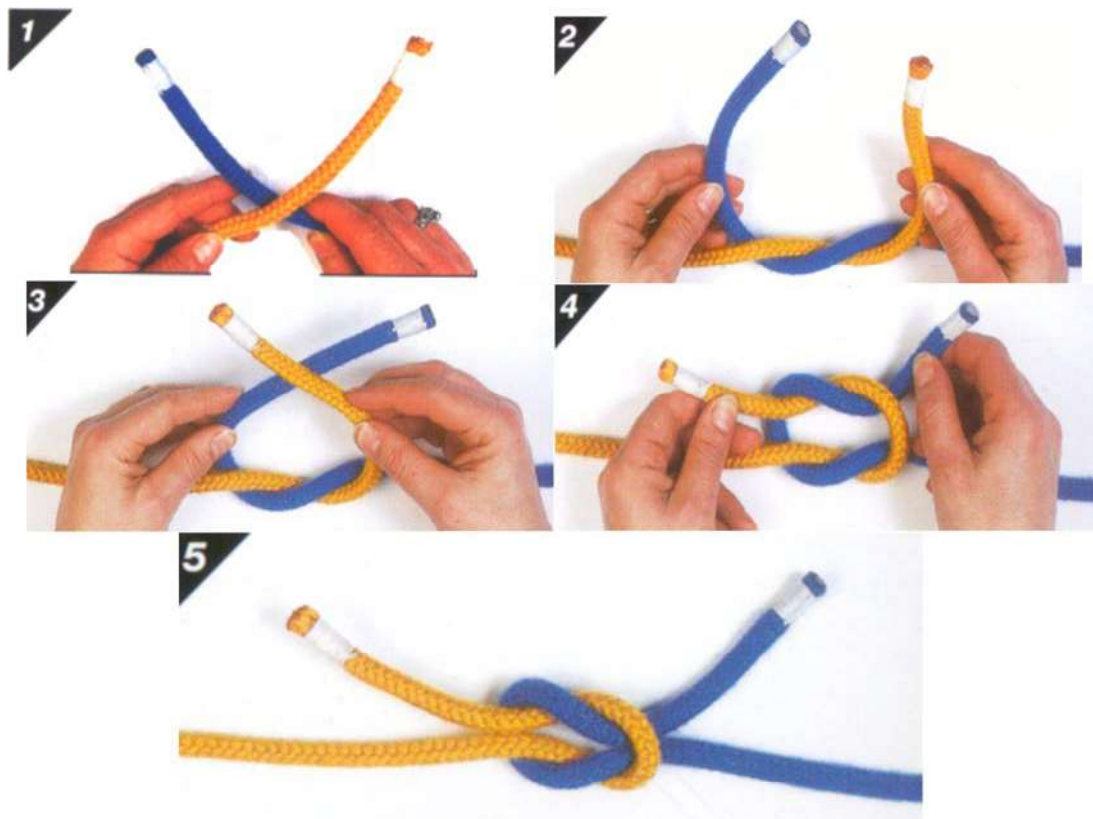


Figure A-1 Steps 1–5

*Note. From *Pocket Guide to Knots and Splices* (p. 98), by D. Pawson, 2001, London, England: Prospero Books Inc. Copyright 2001 by PRC Publishing Ltd.*

1. Place the left-hand working end on the top of the right-hand working end.
2. Bring the left-hand working end under the right-hand working end.
3. Place the working end that is now on the right on top of the working end that is now on the left.
4. Bring the working end that is on top under the other working end so that working end that is moving comes out at the same place it entered the knot.
5. Pull tight to complete the reef knot.

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FIGURE-OF-EIGHT KNOT



Figure A-2 Steps 1–3

Note. From *Pocket Guide to Knots and Splices* (p. 44), by D. Pawson, 2001, London, England: Prospero Books Inc. Copyright 2001 by PRC Publishing Ltd.

1. Make a crossing turn with the working end passing under the standing part of the rope and then bring the working end over the standing part.
2. Now tuck the working end up through the loop from behind, forming a figure-of-eight.
3. Pull tight to complete the figure-of-eight knot.

KNOT-TYING INSTRUCTIONS

CLOVE HITCH

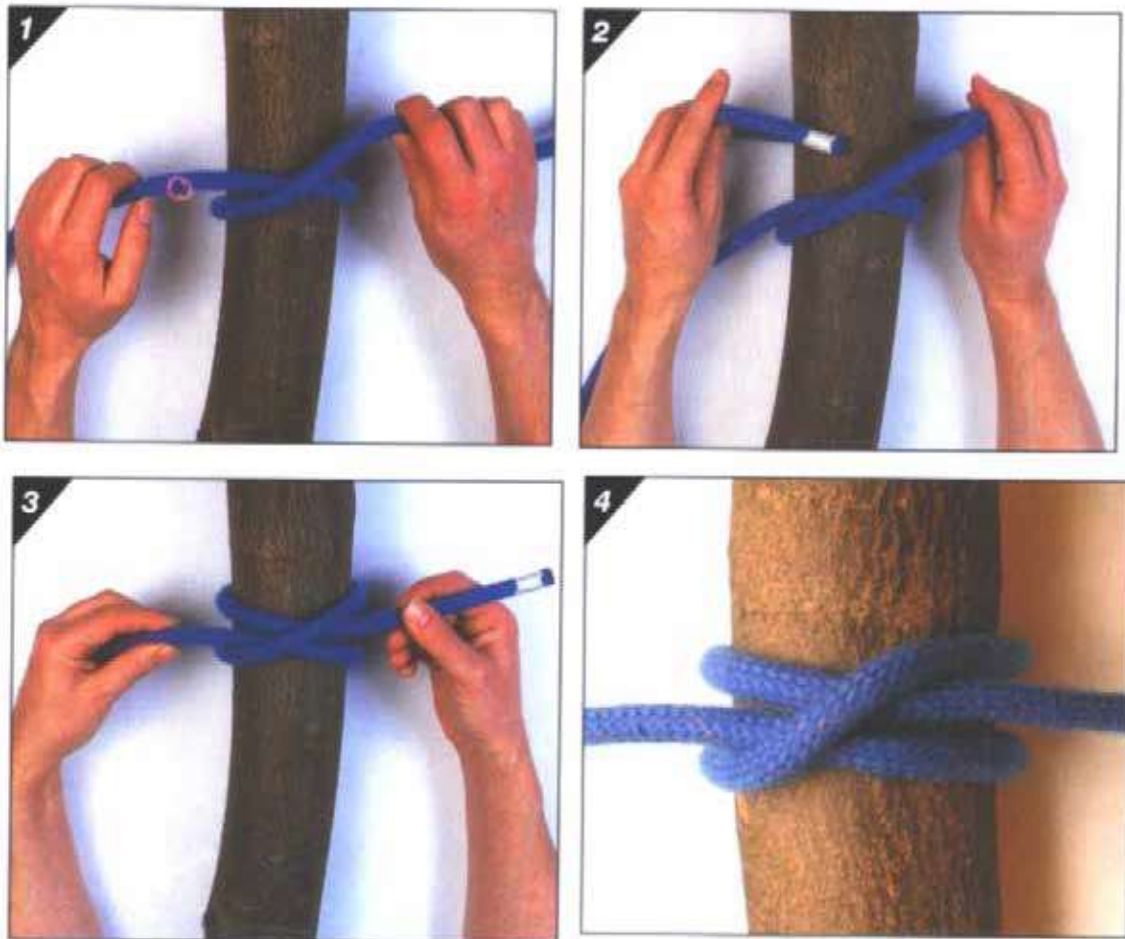


Figure A-3 Steps 1–4

Note. From *Pocket Guide to Knots and Splices* (p. 106), by D. Pawson, 2001, London, England: Prospero Books Inc. Copyright 2001 by PRC Publishing Ltd.

1. Make a turn around the pole / tree bringing the working end of the rope over and trapping the standing part of the rope. This makes the first half hitch.
2. Bring the working end round behind the pole / tree, above the first half hitch.
3. Put the working end under the turn just made. This gives the second half hitch and forms the clove hitch.
4. Pull tight to complete the clove hitch.

KNOT-TYING INSTRUCTIONS

BOWLINE

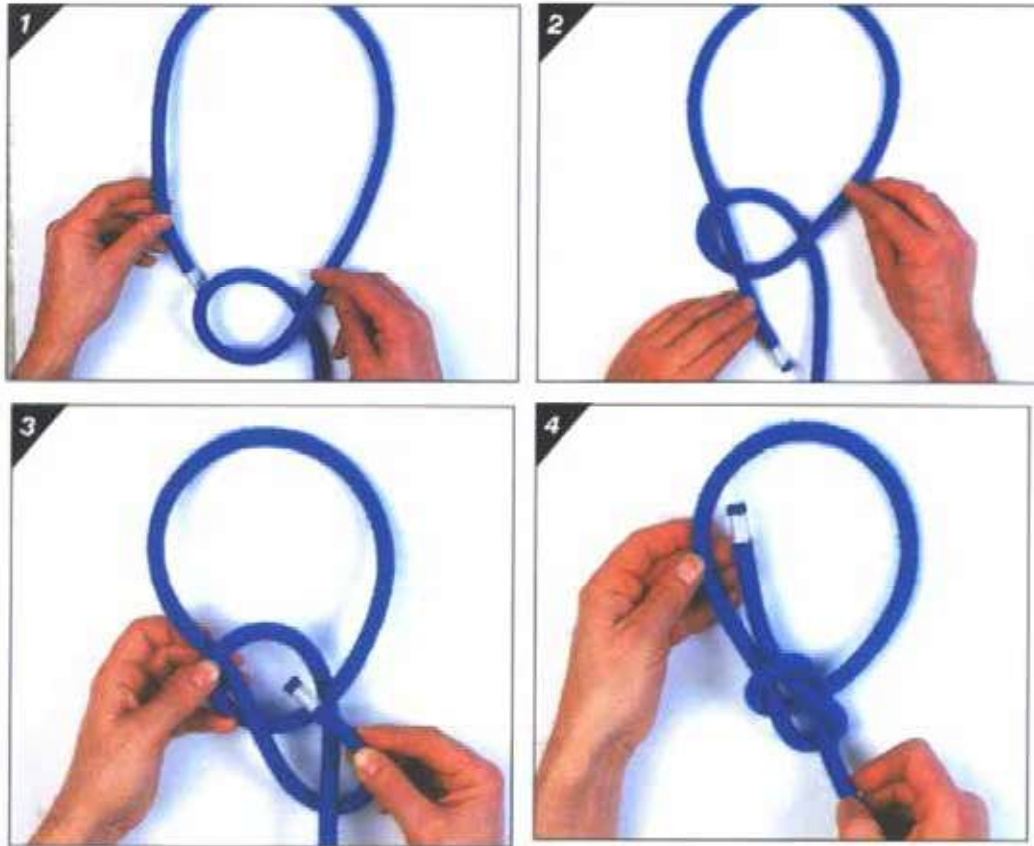


Figure A-4 Steps 1–4

Note. From *Pocket Guide to Knots and Splices* (p. 163), by D. Pawson, 2001, London, England: Prospero Books Inc. Copyright 2001 by PRC Publishing Ltd.

1. A short distance back from the working end, make a crossing turn with the working part on top. Go on to form the size of the loop you require.
2. Bring the working end up through the crossing turn. It will go under first, and then lie on top of the other part of the turn.
3. Bring the working end around behind the standing part and down through the crossing turn. A good way to remember this is: “the rabbit comes out of the hole, around the tree and back down the hole again”.
4. Pull tight by holding the working end and pulling on the standing part to complete the bowline.