Regional Cadet Support Unit (Central)



Unité régionale de soutien aux cadets (Centre)

1085-7 (PAO)

9 May 2019

All Staff, Cadets, and Parents/Guardians of cadets attending cadet summer training

CADET MEASLES IMMUNIZATION REQUIREMENTS FOR CTCs

You are receiving this letter because you or your child will be attending one of the Cadet Training Centres (CTCs) this summer. Due to recent increases in confirmed cases of measles within various regions across Canada, the Canadian Armed Forces and the Canadian Cadet Organizations would like to ensure cadets and their legal guardians and staff members are aware of the risks associated with this infection and to afford you the opportunity to ensure you have maximum protection from contracting this disease.

Recently, there have been cases of measles in several provinces, and this makes being up-to-date for measles vaccine important for the cadets and staff working at the CTC. Note that measles (and measles vaccination) is not the only concern. Other diseases prevented by vaccination may also present a problem at CTCs, e.g. meningococcal disease, whooping cough, and varicella (chicken pox). Vaccinations for these should also be up-to-date.

Diseases that are prevented by vaccines, such as measles, may be introduced into Cadet CTCs by cadets or adult staff which can then be transmitted to other cadets or adult staff. It is highly recommended, that all cadets and adult staff coming to CTCs have <u>all</u> the immunizations that are recommended for the age of the cadet or staff member by the Provincial/Territorial Public Health Authority. These immunizations may be necessary to attend school in your province/territory or in your workplace.

Cadets and staff will be required to bring their immunization record with them to the CTC. The records will be used to understand who is and is not immunized should there be a confirmed case of a contagious disease at a CTC and inform the effective deployment of our protocols to keep our members safe.

Cadets who are showing signs or symptoms of measles, any other contagious disease, or have had a changes in their health should advise the Region Medical Liaison Officer through their corps/squadron staff. Adult staff members should consult their Primary Health Care Provider, base/wing health unit, and their supervisor of any medical limitations.

The following professional, evidence-based references may be useful:

- https://www.canada.ca/en/public-health/services/diseases/measles.html
- https://www.cdc.gov/measles/about/parents-top4.pdf (English only)
- https://www.cdc.gov/vaccines/parents/diseases/child/measles-basics-color.pdf (English only)

Before you (your child) travel to a CTC this summer please ensure:
The cadet or staff member carries their immunization record booklet (or photocopy/print out with them
You have read and understood the content of this letter
You have read and understood the recommended references if needed
The Cadet has had two (2) vaccines from the Measles, Mumps, and Rubella (MMR) series (not mandatory but highly recommended)

Should you have any questions about contagious diseases, please discuss these with your Primary Health Care Provider. For questions regarding suitability for training at CTCs, please contact the Regional Medical Liaison Officers at 1-800-381-6857.

D.A. Wright

Major

Acting Commanding Officer