

Taylor's Story

Taylor and Breckin have been seeing each other for a few weeks. Breckin is older and is the star hockey player in the community. Taylor is upset and does not know whom to talk to about what happened the other night with Breckin. They were alone together kissing, and he wanted to take things further. She told him no and asked him to stop, but he would not listen. He made her feel guilty for saying no. Taylor thinks she was sexually assaulted, but she feels ashamed to tell anyone as she thinks it was her fault.

You keep trying to get a hold of Taylor because she has not been at school for two days, and she is ignoring your texts. You run into Breckin. When you ask him about Taylor, he tells you not to believe anything she says. You are worried, so you show up at her house. She is acting strangely, and you notice cut marks on her arms.

Using the *Look, Listen, Link, Live*® model, answer the following questions:

- STEP 1: LOOK. What are the signs that tell you Taylor needs help?
- STEP 2: LISTEN. How would you approach Taylor to talk to her? What would you say?
- STEP 3: LINK. Where would you link Taylor for help and support? Where would you link Breckin for help and support?
- STEP 4: LIVE. How would you take care of yourself, and what suggestions would you have for Taylor?